

"CABA gave my family tremendous moral support at a very difficult time. They provided a friendly voice and advice when it was needed most."



"CABA's specialist team can help you move forward positively with your life by addressing any difficulties you're encountering as well as identifying what's causing them."

CABA's Chief Executive Kath Haines



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Chartered Accountants' Benevolent Association
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Supporting Chartered Accountants

Help and advice in times of need



CABA is the first point of contact for Chartered Accountants and their families in times of need.

We focus on helping these professionals and their dependants regain control of their lives by looking at both the problems and what has caused them.

Everyone who contacts CABA is assigned a highly-trained advisor who devises a bespoke programme of practical, emotional and financial support to address and resolve situations.

Who we are

Chartered Accountants' Benevolent Association (CABA) exists to support Chartered Accountants and their families through difficult and challenging times. We provide a holistic caring service to help clients achieve and maintain a reasonable quality of life.

Who we help

- Current or former members of the Institute of Chartered Accountants in England and Wales (ICAEW)
- The wives, husbands, life-partners or dependant ex-spouses of a current, former or deceased member
- Their children aged under 18
- Current or former ICAEW members and their dependants residing outside the UK
- ICAEW students actively studying for their ACA qualification
- ICAEW employees

Each application for support is looked at on an individual basis and you do not need to have donated to CABA to be eligible.

CABA works in partnership with ICAEW, while maintaining our independence.

Quality support and advice for you

Debt management and support

We recognise that debt problems are frequently connected to a range of other issues such as relationship breakdowns, ill health, bereavement and unemployment.

If you are concerned about your level of debt or are struggling with bills or loan repayments, our experienced debt advisors can help.

They offer free, independent, impartial and confidential advice on a range of debt problems such as budgeting and prioritising debts as well as through benefits and tax entitlement.

We cannot assist financially with the repayment of debts but our advisors will take the time to understand your individual financial situation and give you encouragement and guidance to help you regain control.

Career consultancy

Our career consultancy service has been devised to help Chartered Accountants find the right job for them.

Our 'Career Clinics' build confidence while simultaneously developing practical job seeking skills.

The training sessions take place at venues nationwide throughout the year.

We also offer a one-to-one coaching service for those who have been out of work for prolonged periods.

Care and advocacy support

We realise that looking after others can be immensely satisfying and rewarding - but can often make you feel isolated.

We also recognise how stressful caring duties can be and how they can impact on your earnings.

Our team is here if you simply need a sympathetic and understanding 'listening ear'.

In addition, we can supply the support, assistance and information that is right for you.

We advise on the benefits and services - both state and private - which are available as well as issues such as home care equipment, care home advice, approaching social services and more.

24 hour advice and counselling helpline

Our free and confidential telephone helpline is staffed by professionally trained counsellors and advisors 24 hours a day, 365 days a year.

Our team offers advice, information and support on a range of subjects including: stress, alcohol addiction, bereavement, bullying, debt, drugs, gambling, health, work and legal issues.

You can contact the helpline as often as you need to and arrange to speak to the same counsellor if you want to.

CABA's 24 hour confidential helpline: 0800 107 6163.

Financial help in times of need

We provide financial assistance to Chartered Accountants and their dependants when things go wrong through illness, accident, unemployment or some other misfortune.

Our financial help is frequently described as a 'lifeline' by those who benefit from it. In recent years, we've provided assistance to cover the costs of: wheelchairs, respite care and childcare.

Our team thoroughly assesses each application for funding on a case by case basis before reaching a decision.

Pointing you in the right direction

We deal with every enquiry swiftly, thoroughly and in the most appropriate manner.

Our 'holistic' approach means that we look at both the problem and its causes in order to secure the best outcome for you.

Our team of highly trained advisors will provide you with the right information on overcoming everything from workplace bullying to alcohol abuse.

Our staff are also able to 'signpost' to other appropriate organisations - both locally and nationally - where specialist additional information, support and advice is available.

Training that really helps you

We run training courses and events to help you get the most from your professional and personal life.

Our most popular event is the 'Stress Management and Wellbeing' seminar which takes place across England and Wales. These events are free to attend.

All of our other training is heavily subsidised and we do not make a profit.

We also coordinate two events with ICAEW including 'Career Clinics' and 'Narrowing the Gap' which helps you prepare for a career break or return to work following one. We provide funding for these events. Each seminar offers carefully tailored information, advice and practical support and is run exclusively for Chartered Accountants.

Call our 24 hour helpline for confidential advice: 0800 107 6163

Need help?