

Sadly, things don't always go according to plan!

"In 1998 I retired from my practice after 35 years and was looking forward to retirement with my wife; we had bought a caravan and planned all the usual holidays. Quite unexpected, I was diagnosed with a blood disorder which curtailed our activities for a while. I was, however, able to continue with my Toastmastering duties at weddings and other functions but all other activities were put on hold. The blood disorder was followed by a heart problem which needed a pacemaker fitted, followed by double stents.

Just as I was feeling that life was beginning to improve, in August last year I suffered a serious stroke. This was completely out of the blue and turned our lives upside down. The stroke left me paralysed down one side. Before I could be discharged from hospital, plans needed to be made for my return home – in a wheelchair and needing 24 hour care.

We are so grateful to have been put in touch with CABA who have taken the worry out of some of the many extra expenses which we suddenly needed to make life run smoothly. We are fortunate in that we live in a small bungalow; however, modifications were required to the bathroom to turn it into a wet room, instead of the normal bathroom.

Of course we do not know what lies ahead, none of us do, but one thing we do know is that if, in future, we need any more specialist equipment to help make daily tasks easier, CABA is there to help in any way they can."

Mr L - Essex